

Dolomite[®] Gloss[®]

en Rollator User Manual



This manual MUST be given to the user of the product. BEFORE using this product, this manual MUST be read and saved for future reference.

Yes, you can:

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Dolomite® Gloss®

1 General

1.1 Introduction

This user manual contains important information about the handling of the product. To ensure safety when using the product, read the user manual carefully and follow the safety instructions.

Only use this product if you have read and understood this manual. Seek additional advice from a healthcare professional who is familiar with your medical condition and clarify any questions regarding the correct use and necessary adjustment with the healthcare professional.

Note that there may be sections in this document, which are not relevant to your product, since this document applies to all available models (on the date of printing). If not otherwise stated, each section in this document refers to all models of the product.

The models and configurations available in your country can be found in the country-specific sales documents.

Invacare reserves the right to alter product specifications without further notice.

Before reading this document, make sure you have the latest version. You find the latest version as a PDF on the Invacare website.

If you find that the font size in the printed document is difficult to read, you can download the PDF version from the website. The PDF can then be scaled on screen to a font size that is more comfortable for you.

For more information about the product, for example product safety notices and product recalls, contact your Invacare distributor. See addresses at the end of this document.

In case of a serious incident with the product, you should inform the manufacturer and the competent authority in your country.

1.2 Symbols in this Document

Symbols and signal words are used in this document and apply to hazards or unsafe practices which could result in personal injury or property damage. See the information below for definitions of the signal words.



WARNING

Indicates a hazardous situation that could result in serious injury or death if it is not avoided.

CAUTION



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Indicates a hazardous situation that could result in minor or slight injury if it is not avoided.

NOTICE

Indicates a hazardous situation that could result in damage to property if it is not avoided.

- Tips and Recommendations
- Gives useful tips, recommendations and information for efficient, trouble-free use.

1.2.1 Other Symbols



Triman Indicates recycling and sorting rules (only relevant for France).

1.3 Compliance

Quality is fundamental to the company's operation, working within the disciplines of ISO 13485.

This product features the CE mark, in compliance with the Medical Device Regulation 2017/745 Class I.

We are continuously working towards ensuring that the company's impact on the environment, locally and globally, is reduced to a minimum.

We only use REACH compliant materials and components.

1.4 Service Life

The expected service life of this product is five years when used daily and in accordance with the safety instructions, maintenance intervals and correct use, stated in this manual. The effective service life can vary according to frequency and intensity of use.

1.5 Warranty Information

We provide a manufacturer's warranty for the product in accordance with our General Terms and Conditions of Business in the respective countries.

Warranty claims can only be made through the provider from whom the product was obtained.

1.6 Limitation of Liability

Invacare accepts no liability for damage arising from:

- Non-compliance with the user manual
- Incorrect use
- Natural wear and tear
- Incorrect assembly or set-up by the purchaser or a third party
- Technical modifications
- Unauthorised modifications and/or use of unsuitable spare parts

2 Safety

2.1 General Safety Information

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WARNING!

Risk of Serious Injury or Damage Improper use of this product may cause injury or damage.

- If you are unable to understand the warnings, cautions or instructions, contact a health care professional or provider before attempting to use this equipment.
- Do not use this product or any available optional equipment without first completely reading and understanding these instructions and any additional instructional material such as user manual, service manual or instruction sheet supplied with this product or optional equipment.



WARNING!

Risk of Serious Injury

Incorrect use can lead to hazardous situations.

- Do not use on stairs or on escalators.
- Do not stand on the product.
- Be careful when walking on sloping or slippery ground or on uneven surfaces.
- Avoid walking against obstacles, both forwards and backwards.
- Do not let children play with the product.
- Make sure that no clothes, such as long skirts, can get stuck in the wheels.
- Do not use the product to transport a person.





CAUTION!

Risk of Injury

Unbalanced or heavy load may lead to overturning.

- Do not hang any loads, such as bags, to the frame, the push handles or hand knobs.
- Only carry loads with the designated equipment, like basket or tray. Do not exceed the maximum load for the equipment.
- The total load, including the weight of the user and any additional load, must not exceed the maximum user weight.
- Refer to chapter 7 Technical Data, page 19 for maximum user weight and load information.

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CAUTION! Risk of Injury

Non-original or wrong parts may affect the function and safety of the product.

- Only use original parts for the product in use.
- Due to regional differences, refer to your local Invacare catalogue or website for available options or contact your Invacare distributor. See addresses at the end of this document.



CAUTION!

Risk of First-Degree Burns

Parts of the product may heat up, when exposed to high temperatures (above 41° C).

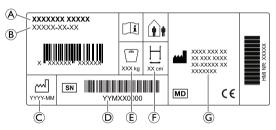
- Be careful if the product is exposed to high temperatures, e.g., direct sunlight.

NOTICE!

- There is a risk of damage due to wear, e.g., corrosion.
 - Do not use the product under water, e.g., in pools.
 - Do not use the product in hot areas like saunas.
 - Do not store the product in wet or humid environments.

2.2 Labels and Symbols on the Product

Identification label



- (A) Product name
- B Part number
- $\ensuremath{\mathbb{C}}$ Date of manufacture
- **D** Serial number

- (E) Maximum user weight
- $\textcircled{\sc E}$ Maximum width
- G Manufacturer address

Symbols

CE	European Conformity	MD	Medical Device
	Manufacturer	Ĩ	Read user manual
	Date of manufacture	SN	Serial number
H	Maximum width		Maximum user weight
†	Indoor / Outdoor use		

3 Product Overview

3.1 Product Description

The four-wheeled walking aid is equipped with a central seat that can be folded up for storage and transportation. Front wheels are steering wheels. Rear wheels are provided with a brake system for slowing down and for locking the wheels. The walking aid is available in different sizes and can be equipped with a wide range of accessories.

3.2 Intended Use

The walking aid is intended to support during walking and may also serve as a resting seat.

The walking aid is suitable for indoor and outdoor use on even ground.

The intended user is an adult with a maximum user weight as stated on the product label and in chapter 7 *Technical Data, page 19*.

3.3 Indications for Use

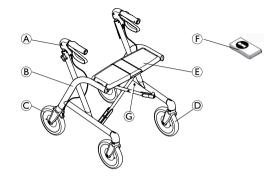
Indications

Persons with impaired muscle strength and/or balance, who need additional support while walking. The remaining walking and cognitive ability must be sufficient for safe use of a walking aid.

Contraindications

Persons with severe equilibrium disorders or functional perceptual disorders.

3.4 Scope of Delivery and Main Parts



- A Push handles with hand brakes
- [®] Frame
- © Rear wheels with brake system
- D Front wheels
- E Seat
- (F) User manual
- G Location of the identification label

The product is delivered fully assembled.

3.5 Accessories

Various accessories, like a basket / bag, are available for this product and can be found in the country-specific sales documents. Depending on the configuration accessories may be pre-assembled.

4 Usage

4.1 Before Use



CAUTION!

- Risk of Injury or Damage to Property
- Before use, verify the general functionality of the product.
- Before use, check the product for any defect.
- Do not use a defective product.

Invacare presumes a healthcare professional has made an individual assessment of the user to determine his risk level or therapy requirements. Providers and carers have assessed that the product gives the required support and that its adjustments are appropriate for the user. Carer and user have been appropriately trained by a healthcare professional on how to use the product correctly and safely.

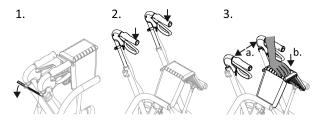
4.2 Unfolding and Folding

Unfolding to Operating Position



WARNING!

- Before use, always make sure that the rollator is fully unfolded and the lock is engaged.

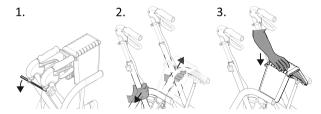


- 1. Release the fixation strap, if attached.
- 2. Adjust the push handles to the lowest position, refer to *4.3 Adjusting the Handle Height, page 12.*
- 3.
- a. Pull the push handles outwards.
- b. Press on the seat until the rollator is fully unfolded.

When in operating position, the release handle of the seat will "click" into a locked position.

Alternative Unfolding

If you don't want to lower the push handles, there is an alternative way to unfold the rollator.



- 1. Release the fixation strap, if attached.
- 2. Pull the frame outwards.
- 3. Press on the seat until the rollator is fully unfolded.

When in operating position, the release handle of the seat will "click" into a locked position.

Folding



CAUTION! Risk of injury or damage

When lifting the unfolded rollator at the seat, it can accidently fold and cause injury.

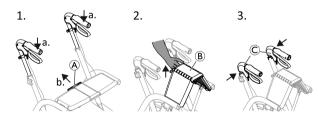
- Always lift the rollator at the frame and the push handles.
- Do not touch the release handle when lifting the unfolded rollator.



CAUTION!

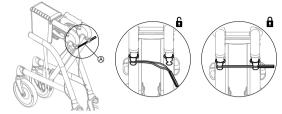
Risk of pinching

- Be careful when folding the rollator.



- 1.
- a. Adjust the push handles to the lowest position, refer to *4.3 Adjusting the Handle Height, page 12.*
- b. Pull the release handle A.
- 2. Lift the seat [®] upwards.

3. Press the push handles $\ensuremath{\mathbb{C}}$ inwards to fold the rollator.

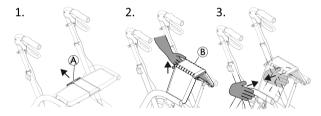


Attach the fixation strap $\ensuremath{\textcircled{}}$ to both knobs.

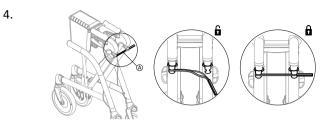
Alternative Folding

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If you don't want to lower the push handles, there is an alternative way to unfold the rollator.



- 1. Stand next to the rollator and pull the release handle (A).
- 2. Lift the seat ^(B) upwards.
- 3. Press the frame inwards to fold the rollator.



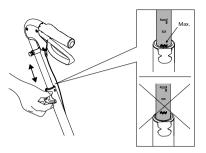
Attach the fixation strap $\textcircled{\baselineskip}$ to both knobs.

4.3 Adjusting the Handle Height

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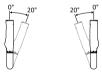
WARNING! Risk of falling

- Always ensure that the hand knobs are tightened securely to prevent the handle from unintended lowering.
- Do not set the handles above their highest allowed position, indicated by the marking on the tubes.
- if the user is not supposed to adjust the height of the handles, e.g. for safety reasons, the hand knobs can be replaced by locking screws (available as accessory).
- Recommended height: The handles should be positioned at wrist height when standing straight with relaxed arms. Therapist may suggest different heights depending on specific needs of the client.



- 1. Loosen the hand knob, but do not remove it.
- 2. Adjust the handle to suitable height.
- 3. Retighten the hand knob. Press on the handle to check for secure fit.
- 4. Repeat the procedure on the other side.

For a more comfortable hand position, you may swivel the handles to point inwards. A locking mechanism prevents exceeding the maximum allowed angle.



4.4 Walking



WARNING! Risk of falling

- Be careful if the wheels stop against an obstacle, e.g., a kerb.



1. Place the walking aid slightly in front of you and take a step towards it while using the hand grips for support.

4.5 Sitting Down on a Chair



- 1. Stand in front of the chair with the walking aid, the back of your legs should touch the chair.
- 2. Lock both hand brakes of the walking aid.
- 3. Place your hands on the arms of the chair, lean forward slightly and sit down carefully.

4.6 Rising to a Standing Position



WARNING!

- **Risk of tipping**
- Do not use the walking aid to pull yourself up from a sitting position.



- 1. Place the walking aid in front of you and lock both hand brakes.
- 2. Use the armrests of the chair as support and rise carefully to a standing position.
- 3. Once stable in a standing position, transfer hands to the hand grips of the walking aid.

4.7 Sitting on the Walking Aid

Locking the Hand Brakes in Parking Position



WARNING!

Risk of Falling

- Use the walking aid for stationary seating only.
- Before sitting down, lock both brakes in parking position and make sure the walking aid stands stable.
- Always sit on the walking aid from the rear side. Do not sit down from the front side.
- Do not sit on the walking aid on sloping ground.
- Do not manoeuvre the walking aid with your feet while sitting on it.

4.8 Using the Hand Brakes



- 1. To slow down, pull both brake handles upwards.
- 2. To move again, carefully let go both brake handles.



1. To lock the hand brakes, press both brake handles downwards.

An audible click indicates that the brake is in locked position.

2. To unlock and release the hand brakes, pull both brake handles upwards.

Adjusting the Braking Effect



WARNING!

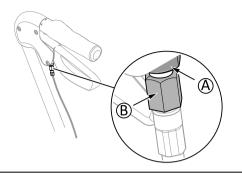
Risk of Injury

If the braking effect is too low, the rollator can move, even if hand brakes are locked in parking position.

 Check the braking effect by applying the brake and verify that the wheel cannot rotate.

If the counter nut is not tightened, it could loosen and the hand brakes won't work anymore.

 After each adjustment, make sure that the counter nut is tightened properly.



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8 + 10 mm spanner (not included)

The brake handle must be in unlocked position to adjust the braking effect.

- 1. Loosen the counter nut A.
- 2. To decrease the braking effect, turn the adjusting nut B clockwise.

To increase the braking effect, turn the adjusting nut (B) counter clockwise.

(The distance between the brake clamp and the wheel should be 2 mm.)

3. Tighten the counter nut (A) properly to fix the new adjustment.

4.9 Attaching the Basket

- 1. Hang the basket on the attachment horns.
- 2. Fixate the basket with hook-and-loop-straps on both sides to the frame.

5 Maintenance

5.1 General Maintenance Information



WARNING!

- **Risk of Injury**
- Maintenance should be done at least once a year.
- Do not use a defective product.
- Do not attempt repairs yourself. For repairs contact your provider.

5.2 Inspection Checklist

To ensure good performance and safety, inspect your product regularly.

- □ Ensure that all screws and adjustments are properly tightened.
- Ensure that hand grips are tight. If hand grips are loose do not use the walking aid. Instructions on how to change hand grips can be obtained from your provider or Invacare distributor.
- Verify brake operation. If brake adjustment is required, see chapter 4 Usage, page 10.
- □ Inspect the frame and loaded parts for cracks.
- □ Inspect the wheels' tightness, wear and damage.
- □ Make sure that the wheels are free of hair, lint and other debris.

5.3 Cleaning and Disinfection

5.3.1 General Safety Information



- CAUTION!
- **Risk of Contamination** – Take precautions for yourself and use appropriate protective equipment.

NOTICE!

- Wrong fluids or methods can harm or damage the product.
 - All cleaning agents and disinfectants used must be effective, compatible with one another and must protect the materials they are used to clean.
 - Never use corrosive fluids (alkalines, acid etc.) or abrasive cleaning agents. We recommend an ordinary household cleaning agent such as dishwashing liquid, if not specified otherwise in the cleaning instructions.
 - Never use a solvent (cellulose thinner, acetone etc.) that changes the structure of the plastic or dissolves the attached labels.
 - Always make sure that the product is completely dried before taking it into use again.
- For cleaning and disinfection in clinical or long-term care environments, follow your in-house procedures.

5.3.2 Cleaning Intervals

NOTICE!

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Regular cleaning and disinfection enhance smooth operation, increases the service life and prevents contamination.

Clean and disinfect the product:

- regularly while in use,
- before and after any service procedure,
- when it has been in contact with any body fluids,
- before using it for a new user.

5.3.3 Cleaning Instructions

The product can be cleaned in a washing machine or by hand.

When using a high-pressure cleaner or an ordinary jet of water, do not aim the jet towards bearings, draining holes or labels.

The maximum cleaning temperature is 60 $^{\circ}\mathrm{C}.$ Do not use a steam cleaner.

- 1. Clean the walking aid with a damp cloth and mild detergent.
- 2. Clean the wheels with a brush (no wire brush).
- 3. After cleaning, wipe the product dry.

5.3.4 Disinfection Instructions

In Domestic Care

- Disinfectant: We recommend using an alcohol-based surface disinfectant (with 70-90% alcohol).
 - $\hat{\mathbf{n}}$ Read the instructions on the label of your
 - disinfectant. It provides information on the activity spectrum (bacteria, fungi and/or viruses), material compatibility and the correct exposure time.
- 1. Ensure the surfaces are cleaned before disinfection.
- 2. Moisten a soft cloth and wipe-disinfect all accessible surfaces and keep them moistened for the exposure time stated on the label of the disinfectant.
- 3. Allow the product to air-dry.

In Institutional Care

Follow your in-house disinfection procedures and only use the disinfectants and methods specified therein.

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6 After Use

6.1 Disposal

Be environmentally responsible and recycle this product through your recycling facility at its end of life.

Disassemble the product and its components, so the different materials can be separated and recycled individually.

The disposal and recycling of used products and packaging must comply with the laws and regulations for waste handling in each country. Contact your local waste management company for information.

6.2 Reconditioning

This product is suitable for reuse. To recondition the product for a new user, carry out the following actions:

- Inspection
- Cleaning and disinfection

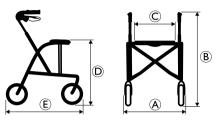
For detailed information, see 5 *Maintenance, page 16* and the service manual for this product.

Make sure that the user manual is handed over with the product.

If any damage or malfunction is detected, do not reuse the product.

7 Technical Data

7.1 Dimensions and Weights



[mm]	Gloss 450	Gloss 520	Gloss 600	Gloss 680
Total width 🛞	520	595	600	610
Total height ®	635 - 770	725 – 860	795 – 920	915 - 1050
Seat width \bigcirc	370	445	445	445
Seat height D	450	520	600	680
Total length 🖲	615	675	720	790
Width when folded	190	190	190	190
Recommended user height	1250 - 1600	1400 - 1650	1500 – 1850	1650 – 2050
Front/ rear wheel diameter	200			
Front/ rear wheel width 40				

All dimensions are subject to certain tolerances.

Dolomite® Gloss®

[kg]	Gloss 450	Gloss 520	Gloss 600	Gloss 680
Weight ¹	5.9	6.3	6.5	6.8
Max. user weight ²		16	50	
Max. load basket 7.0				
Max. load tray		5	.0	

7.2 Material

Frame	Polyester powder-coated aluminium
Handle bars	Anodised aluminium
Hand grips	ТРЕ
Wheels	Polypropylene with treads of TPE
Plastic parts	Material according to marking (PA, PP)
Screws	Steel, rust protected

^{1.} Total weight excluding equipment.

^{2.} This weight limitation includes the weight of the user, whether standing or sitting, and any additional load, e.g. the content of the basket.

Notes

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Yes, you can:

